

Full Length Research

Scientific explanatory note on human abnormal sexual affairs: for repositioning gender studies for sustainable youth

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This paper presents scientific explanatory note on human abnormal sexual affairs: for repositioning gender studies for sustainable youths issues discussed are (i)Concept of normalcy in sex (ii)Concept of law in sex (iii) Sexual problems and other legal ramification (iv) Sexual inadequacy (v) Causes impotence, types, origin, defects and treatment (vi)Frigidity(vii)Hyper sexuality (viii)Prostitution (ix)Pornography (x) group sex rape and sexual perversion. Based on the review, it was concluded that divorce imprisonment, separated families are some of the resultant factors of sexual inadequacies prevalent among Nigerians. It was recommended that Homosexuals could be prevented by (a) Avoiding older, over affectionate, possessive or solicitous persons of the same sex (b) Avoiding acting dressing or thinking like opposite sex (c) Removal of incestuous partner from the vicinity (d) Sex education (Health Communication and Health counselling)In the case of parent to children psychopathology is required.

Keywords: human abnormal sexual affairs, studies for sustainable youths issues, Sexual inadequacy

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INTRODUCTION

Having sexual intercourse with Cows, Cats and dogs is reported among human males and females in this century. Laymen term this act as sign of madness and these deviation signs had cause quarrelling within couples to the extent of divorce but psycho-analyst term it as simply deviation in choice of sexual object and not madness. But unless husbands and wives are vast in sex education, there would always be problems. The human abnormal sexual behaviour shall be classified as follows:- (a). Deviation in choice of sexual object (b)Deviation in choice of sexual aim (c)deviation in choice of sexual object and (d) Masturbation (onanism auto-erotic).All the sexual problems and inadequacies constitute public nuisance and also cause plenty of abuses, cursing, wailing and husband's brutality. Normalcy is a standard of how a person ought to behave Normal behaviour emphasizes rationality and exercise of self-control. Mental illness is a deviation from normalcy. It is a condition in which rationality and the exercise of self-control. Mental illness is a deviation from normalcy. It is a condition in which rationality is impaired, and it is assumed that the person has lost control of his behaviour and as such is no longer responsible (Adeboye 2002). Impairment in sexual life is also a deviation from normal living. Impairments different to discern in the course of treating sexual inadequacy public is not only tort: it is also a crime. The sexual offences act or law covers a multitude of sins (<http://en.wikipedia.org/wiki/prostitution>).

Purpose of Study

The community demands comprehensive knowledge of sexual inadequacies to prevent unwanted pregnancy procreation of illegal children, divorce, rape and sex with lower animals and unapproved object. To sensitize teachers on the need to teach sex adequately, to enable government recognize the value of health education as a core subject within which sex education is taught from nursery to the University. The following are some of the prevailing sexual inappropriateness within the community that causes problems to the comfort of the populace:

Table 1. An overview of various forms of education in sexual object and choice of sexual aim human

Labelling	Concept	Observable within the environment	Attraction to the law	The intrinsic and extrinsic possible physiological effect
				Harmful to self and others
Deviation in choice of sexual object				
Masturbation	Sexual gratification through self-stimulation	No	No	No? effects unknown.
Homosexual	Sexual relation between members of the same sex	No	Law varies	Yes? Can be infect with HIV
Paedophilia	Sexual activities imposed on a child by an adult	Relatively rear	No	Yes often has no child
Incest	Sexual relations between close family member (blood relations)	Very rare	Yes	Yes, also harmful if it involves and adult and a child.
Bestiality	Sexual contact with animals	Relatively rare	No	Yes? Debasing
Fetishism	Using an object (fetish) as a primary source of sexual arousal and gratification	Relatively rare	No?	NO?
Transvestism	Sexual stimulation by wearing clothes of opposite sex	Relatively rare	Legal when making public nuisance of self	No?
Trans-sexuality	Conscious compelling desire to think, feel and act like the opposite sex or to change ones sex	Common	Legal	No?
Deviation in choice of sexual aim				
Voyeurism	Secret observation of individuals undress or having intimate intercourse	Relatively rare	No	Yes
Exhibitionism	Exposing genital to others	Common sex offence	Yes	Yes
Sadism	Sexual gratification through inflicting pain and humiliation infliction on oneself or others	Relatively rare	No	Yes

Source: Nwachukwu A.T. (1994) A handbook of Abnormal Psychology and Health Education.

The information on this table indicates that deviations in sexual activities may occur either in the choice of the object (i.e the person who provides the sexual gratification) or in the choice of the aim (i.e what an individual wishes to do with the sexual object). For instance, homosexuality, which involves the choice of a sexual object of the same sex is a deviation in sexual object. Also exhibitionism is a deviation in sexual aim because it involves the exposure of the genitals. Although there are universally acceptable normal sexual inadequacies in heterosexual activity such as impotence, group sex or frigidity these are also seen as deviations. These sexual labelling are further discusses as follows:

Sexual Deviation

Sexual deviation is defined an aberrant sexual activity or expression of sexual instinct in practice which are socially prohibited or unacceptable or biological undesirable (Ogundele 2002) According to Masters and Johnson (2006),

Waight and Grant (2001). Masturbation is the self-stimulation of the sexual organs for sexual gratification where the masturbator is deprived of the female sexual organs. This act was common with intended spouses in the ancient time when suitors would deliberately avoid themselves due to taboo attached to sex before marriage, whereby females were taught several acts of avoidance of their suitors for fear of losing the first blood from their sex organ at the eve of their wedding (Omeje 2004). Misinterpretation of one's behaviour in the Old Testament led to its condemnation by religious authority. Masturbation became the subject of many myths and was blamed for such sexual act such weakness and insanity is due to punishment for sins several orthodox religious regard masturbation as sin.

According to (Oparah 2005), the Vatican and some other churches see masturbation as a seriously disordered act. Masturbation is accompanied by feelings of guilt and shame. In infancy and early childhood, masturbation is considered part of an instinctive search for pleasurable sensations similar to those resulting from exploration of other parts of the body e.g. finger, toes, etc. at puberty and during adolescence, masturbation indicates the emerging sexuality. It tends to be universally practiced before opportunities for mature sexual outlets appear. Masturbation may continue into married life and been into old age, especially if other sexual outlets are limited or unavailable. Psychic masturbation is the ability to achieve sexual gratification by concentration on sexual fantasies. Masturbator needs treatment by reassurance counselling and education.

Homosexuality (Sodomy)

Sodomy refers to desire for sexual contact between persons of the same sex- Homosexual behaviour between women is referred to as lesbianism. Men and women who enjoy sexual contact with both sexes are named bisexual. Most bisexual are basically homosexual. No area of sexuality is surrounded by as many misconceptions as homosexuality (UNAIDS 2001).

The causes of homosexuality are related to;

1. Lack of other amorous outlets
2. Sexual inversion
3. Tendency to have higher proportion of estrogens (males)
4. The psychoanalytic explanation is based on the concepts of castration anxiety and Oedipus complex.

According to Ruth and Brecher (2006), OOMS (2002), (i) "regression to or fixation as a pregenital oral or anal psychosexual phase occurred after prolonged frustration with identification with the frustrating object" (ii) genetic and endocrine studies and physical examination have thus far failed to point out any biological and physical difference between homosexuals and heterosexuals. (iii) As long as the homosexual derive sexual gratification from their act: and constitute no nuisance in the society, such homosexual could be treated with psychoanalysis, or by behaviour therapy, group therapy and drug therapy. Both authorities postulated medical care coupled with all therapies mentioned above for chronic homosexuals.

Incest: According to Rachira (2003): (i) copulation with one's mother, sister, niece, nephew or any blood relations is what is termed incest. Sexual intercourse between brothers and sister, mother and son, daughter and father result into incestuous act. (ii) Being in close contact and outright display of faithfulness, pity and harmonious living induce people of the same blood relation into exploring themselves and therefore having sexual intercourse that may be termed incestuous at. And having cotus with cousins, aunts, sister could buttress soothing relationship and mutual understanding of such act could result into marital life. (Pelt 2002) saw the relationship as normal though he affirmed further that it could be an act frowned at by the society.

Further still, Melgosa (2002) confirmed that there existed various and divergent situations to consider when attempting to define incest. To him, it is a union, in sexual activity, intercourse or in marriage, of two individual of the opposite sex who stand in kin relationship (customary or legal) to each other, in response to human query and instinct, Moronkola (2003) said: firstly incest includes also homosexual activities between intra-family members. Almost all societies have taboos against sexual relations between closely related individuals, secondly, the origin and functional significance of the incest taboo are topics of long standing interest in secondary anthropology and psychology; because the ban against incest is one of the most stringent of sexual prohibition in all culture the world over.

It is viewed legally and morally as criminal and deviant behaviours; the punishment is severe especially when and adult incestuously victimizes child.

Thirdly, incest includes all forms of sexual contact, sexual exploration (through pornography etc) and sexual overtures initiated by adult who is related to the child by family ties or through surrogate family ties. Fourthly, due to social and legal taboos against incest, an individual who actually carries out an incestuous wish is usually suffering from ego defect and is often psychotic

Note:- prevention strategies for incest could include:-

- i. Removal of incestuous partner from the vicinity
- ii. Sex education (health communication and health counselling)
- iii. In the case of parents to children, psychopathology is required

However, the oedipal incestuous striving of childhood gets gradually resolved and replaced by adult sexuality. While mild incestuous, behaviour in sibling is common in preadolescence as sex play. However, there existed adult uncles, cousins, nephews who take delight in having sexual affairs with little boys and girls. These categories are called paedophilia.

Paedophilia: Paedophilia refers to adult's use of children or minors for sexual pleasure and sexual satisfaction or sexual purpose. The deviants are usually adults as well as a relative, friend or neighbour of the child or minor, the paedophile hires the child/minor through friendly gifts advances or play or treats of offer, and sometimes use of threat or force. The sexual contact may consist of fondling, masturbation and other sexual contacts. Many deviants in this area are impotent, weak and psychologically inadequate. Paedophilia is a serious legal offence as the victimized children/minor or immature persons are frightened by the experience and the psychological effect of the act on them always traumatic (Morlidy 2009). There are some men and women who are sub – normal; that derive sexual satisfaction in non – animate objects.

Fetishism:

The deviant masturbates looking at or handling the fetish object or even when fantasizing about the object. The fetish object could be pant, brassier or corset, a pair of shoes, the hair or garment of persons of the opposite sex, the fetish object seems to be associated with early sexual gratification. Fetishism may arise from limited relation with persons of the opposite sex or experiences of a humiliating nature. Also, frequently associated with fetishism is Voyeurism or piping tom, homosexually or compulsive masturbation, suggesting difficulties in heterosexual relations or in unavailability of opposite sexual partner or due to acculturation of sexual life or all or all of the above Masters and Johnson (2006) and Derek (2000). While some men and women prefer lower animals, cattle, cow, horse and donkey to have sexual affairs with them.

Bestiality (also called sodomy): This is the act of having sexual relations with living subhuman animals. Zoophile denoted sexual excitement through founding or stoking animals. Bestiality is a deviation the deviants are fond among boys raised in the farms and also men who spend most of their time with animal in remote areas. They may seek or have excitement or orgasm through sexual contacts with animals such as household pets and farm animals (Muragbo and Ubachukwu 2001). Farm animals are commonly used. This kind of sexual deviation tends to arise from deprivation of opportunities for sex love with other human deprivation of sexual play due to culture, spell of taboos or sex curiosity and loneliness.

Bestiality occurs in individual who have schizoid personality or are overtly intelligent and education people and people who are intoxicated many also practice bestiality. It occurs mostly at adolescence and then declines (Wikimedia Foundation 2006). There are also existed men and women who derive sexual satisfaction behaving like the opposite sex.

Transverses: This is a deviant found mostly among men. The men wear female dresses to arouse themselves or others. It is usually legal unless the transvestite makes himself of public nuisance. Transvestite are not homosexuals and transsexual. Some transvestites also have fetishist, homosexual or masochistic traits (Stoop and Stoop 2002). Deviation of choice of sexual aim includes: (i) voyeurism, exhibitism (ii) Trans – sexuality, in sadism and masochism

Voyeurism: According to Ruth and Brecher (2006) and Samuel (2006) voyeurism is likened to peeping tom who reached orgasm by compulsively and repetitively observing pornographic pictures, blue movies, naked women, or naked babies, etc. it is a deviation whereby an individual, especially the male prefers it to actual sexual contact. In classrooms or libraries voyeurs take positions where they can view the opposite sex through reflectors or mirror placed on the floor (Ruth and Brecher 2006). Voyeurs do not like to expose themselves to be seen by the persons they are watching. A typical voyeur has no serious emotional disturbance and major criminal record. He does not physically molest the women he watches. He does have no history of very limited and often unsatisfactory hetro sexual experiences (Samuel 2006).

Exhibitionism: It refers to deliberate and compulsive exposure of the genitals in public, almost always by a move to women and children as a means of achieving sexual gratification (Cobb 2001). An exhibitionist usually waits in an excluded place and exposes his penis when a woman passes. He waits for her reaction, which includes shock, disgust or running away. The object of his behaviour is attraction which he finds pleasurable and sexually exciting. He does not want the woman to become sexually interested in and would probably flee if she approached him (Brackenridge & Fasting 2006). It seems to be the most common sexual offence in Europe, Canada and the United States. In Nigeria exhibitionists have been observed at parks, colleges and public stadium and urban hide-outs. Most of the exhibitionists have been found to be immature, with sadistic and masochistic tendencies, lacking in sexual completeness, shy and suffering from feelings of inferiority or inferiority complex in approaching the opposite sex (Mackenzie 2016).

The exhibitionist laterally demonstrates that he is a man, but in such a way that he does not have to prove it through physical intimacy in which he may be taught to be inadequate.

The psychoanalytic theory speculates that exhibitionism serves as a denial of castration anxiety. The male seeks reassurance from the reaction of the female audience, that he has a penis and that they fear him because of it. Exhibitionistic play is common in preadolescence and it is not a perversion (Masters and Johnson 2006).

Note: Exhibitionism can be treated with intensive psychotherapy in cases of chronic situation

Trans-Sexuality: A male transsexual is one who thinks, feels, acts like a female, but is biologically male (Darling and Steinberg 2000). This term trans-sexuality refers to the conscious competing degree to change one's sex. This is the same as the hermaphrodite who has biologic abnormality of inter sex (both sexes) hermaphrodites have sex role orientation appropriate to their predominant external sexual characteristics (Ruth and Brecher 2006).

However, one should note that most transvestites are not trans sexual, but most trans sexual wear the clothes of the opposite sex, as transvestites do at times, passive feminine homosexuality in the male trans sexual is usual, but most homosexuals have a normal gender role, although the object choice is reversed in most cases (Masters and Johnson 2006), sometimes an individual may become convinced he is actually changing sex, usually against his will. Such a person is psychotic, not a Trans sexual. In the same vein, Shorter (1997) confirmed that male transsexuals deliberately seek and obtain castration and female like organs on them Female Trans sexual seek and obtain mastectomy and prostheses.

Sadism and masochism: Sadism refers to obtained sexual arousal or gratification by inflicting pain or humiliation on the partner. Masochism refers to sexual pleasure derived from suffering humiliation or pain. The terms are derived from the Marquis de Sade, a French writer and Leopold von Sacher-Masoch, an Austrian novelist who wrote on the subject. The two terms are referred to as sado masochism because they are always present together, with one or the other dominating. To Samuel (2010) (i) said that sadism and masochism are often exhibited discretely as sexual deviations. Here both sex and pain, eg. Biting the partner, performing flagellation or other physical assault become intricately associated with each other during sexual activity. (ii) However extreme sadistic acts are rape, killing and mutilating the corpse. The examples currently are husbands who stab their wives, cut the wives belly and spill the blood and the intestines; extreme sadism indicates psychosis or organic brain disease. (iii) Cruel acts like beating children severely; fantastical persecution indicate sadism. (iv) Excessive cruelty or cruelty on the part of men indicate impotency problem (v) sado masochist often have experienced violence in their families during childhood, such as fathers brutalizing mothers, siblings or themselves. (vi) The masochists frequently feel depressed guilty and have low esteem, while the sadist tends to be domineering sarcastic and physically aggressive. Unless a man is castrated, constant production of androgen enhances sexual drive. In the same vein, oestrogen in the female signals sexual desire. At puberty, androgen and oestrogen/production levels of human male and female become matured and accelerated. A boy may thereafter experience nocturnal emission and subsequently masturbates. High level of estrogen engenders high sexual arousal in girls while low level of estrogen triggers low level of sexual arousal. Even at menopause, women who receive large amounts of testosterone or estrogen still enjoy sexual drive, stimulation and coitus. In men however, sex hormones influence sex drive, but do not control it. Even when their bodies are not producing substantial amount of androgen, early or later in a life cycle many males are sexually interested and active (Ruth and Brecher, 2006), Medicine Plus (2010). In normal male and female human therefore, if adequate testosterone or estrogen, androgen or progesterone levels are triggered off, there is the urge to engage in coitus precedes the other way round foreplay while the female reciprocate by posturing; then sexual intercourse could be accomplished. Often, males seek pleasure from sexual union though most of the times; they would prefer coitus for procreation and love although females could engage in sexual activity for money, wealth, affluence as in the case of prostitution. Beyond the reasons listed above, sexual deviants exist especially, among males – those whose aim of sexuality differ from the conventional reasons. (Akinade and Sulieman 2005) found out sexual deviations as follows;

Table 2: An overview of various forms of sexual problems and their legal ramification

Name	Definition	Statistical Prevalent	Legal ramification	Criteria for abnormality	
				Harmful to self and others	
Sexual inadequacies					
Impotence	The man have never or is unable to achieve sexual power. Inability to achieve or maintain an erection	Yes	Divorce	Yes, causes loss of self-esteem and frustration to mate	
Premature or mental ejaculation	Early ejaculation or inability to achieve ejaculation or inability to ejaculate	Yes	Divorce	Yes, cause loss of self-esteem and frustration to mate	
Hyper sexuality	Excessive and compulsive desire or engagement in sexual acts.	Yes	Divorce	Yes, cases loss of self-esteem sexual crimes may be committed	
Frigidity	Partial or complete lack of sexual desires or gratification	Yes	Divorce	Yes, causes loss of self-esteem and frustration	
Prostitution	Sexual relations for money or material wealth	Yes	Yes social and religion taboo	Yes self devaluation and alienation	
Pornography	Literature dealing with the obscene aimed at arousing the reader or viewer sexually	Yes	Yes legal censorship	Effects remain unknown	
Sex swamp or gang sex	Sex between three or more people at the same time	Apparently on the increase	Yes legal & religious social taboo	Yes self devaluation and disturbing	
Rape	Sexual relation by force or threat	Somewhat rare	Yes animal offence	Yes	

Source: Sexual deviation (www.performance.ng/prostitution/in/ng). A handbook of abnormal psychology and health education

Table 2 above indicates various forms of abnormal sexual behaviour in the manner at which sexual gratification is either initiated or accomplished. Premature or mental ejaculation of spermatozoa for example may leave the sexual partner unsatisfied and in the case of pregnancy search, the sperms that is required to join the ovum may not have that chance of fertilizing an egg.

Sexual inadequacy, causes and treatment

Sexual inadequacy are: impotence that may be caused by organic, toxic factor and psychological factors impotence occurs in only males and can be defined as unsatisfactory performance in sexual relationship which includes inadequacies, such as inability to achieve sexual powers to attain erection, a semi-erection, inability to sustain erection following penetration of the female, failure to ejaculate, premature ejaculation and general apathy. Impotence may be mild and transient or severe and prolonged (Ruth and Edward 2006). The important types, causes, and treatment is organised and put into table as follows:

Table 3: Causes of impotence

Type	Origin	Defects	Treatment
Organic	Systemic	- Anaemic - Malnutrition - Severe infection - Uncontrolled diabetes mellitus - Hypothyroidism	Medical

	Neurologic	Disease of the sacral part of the spinal cord, caudal equine, loss of the anal reflex: Nerve damage caused by trauma, syphilis etc.	Medical
	Physiologic condition	- Exhaustion - Aging	Education & counselling
	Anatomic defects	- Traumatic or surgical loss of testes.	Medical
Toxic factors	Hormones	- Excessive use of estrogens	Medical & counselling
	Drugs	- Alcohol after periods of inebriation and prolonged use of antidepressants	Medical & counselling
Psychology factors	Mixed	Anxiety, shame, guilt, fear, anger, external realistic situations, internal moral and religious prohibitions	Counselling reassurance and education

Source: (Akinade and Suileman 2005). A handbook of abnormal psychology and education, Enugu, Chukson.

The table above indicates that sexual inadequacy (impotence) can be classified into three groups viz-a-viz organic factor group/type, toxic type/group/factors and psychological factors. It is observed that constant exhaustion, aging, fear, anger and religious prohibition contribute to factors causing importance in men.

Frigidity

The term frigidity refers to a number of sexual inadequacies, such as lack of sexual desire and failure to achieve orgasm. Frigidity is an aspect of impotence that is mostly applied to women. In addition to the general causes of impotence, frigidity may be as a result of inadequate stimulation or fore-play, fear of becoming pregnant, moral and religious attitude about sex and hostility to men in general (Sokoya, 1999). It can be treated medically, through cancelling; education and reassurance.

Hyper Sexuality

The term hypersexuality refers to excessive desire for or engagement in sexual acts which may occur in men or women (Nwachukwu, 1994).

Table 4: Hyper sexuality variables and implicative consequences

Type	Origin	Effects	Treatment
Organic	Lesion in limbic area of the brain	May be caused by tumour or accidents etc.	Medical long term psychotherapy and education
Organic	Psychomotor epilepsy	Episodes of temporal seizure	Medical, long term psychotherapy
Organic	Decontrol syndrome	Physical brutality dipsomania	Medical, long term psychotherapy and education
Organic	Drugs hexamine, opiates, androgen	Incest and sexual urge	Medical, long term psychotherapy and education
Psychogenic	Psychiatric diseases	Organic brain syndrome manic depressive psychosis, schizophrenia.	Medical long term psychotherapy and education
	Personality disorders	Borderline, personality, sociopathic, personality, hysterical personality	Medical long term psychotherapy and education

Source: Adapted from Daviers(2018). A handbook of abnormal psychology and education, Enugu. Chukson International Press.

Table 4 above represents hyper sexuality variables and implicative consequences that exist within our community. Some of the dangerous hyper sexuality are the organic type which results in the control syndrome with the effects of physical brutality dipsomania that desire medical long term psychotherapy and education. Also, the psychogenic type that are psychiatric diseases due to organic brain syndrome, manic depressive psychotherapy and education. Patents inflicted with these types of hyper sexuality are mostly sadists and masochists; and therefore most killers of their spouses are in these categories.

SUMMARY

Scientific explanatory note on human abnormal sexual affairs as precursor's gender violence, sexual crimes, legal sanctions and therapeutic solutions had been examined through researchers review. Issues dealt with are: (i) sexual deviations in the choice of sexual object and (ii) Deviation in choice of sexual aim. Human sexual objects and sexual aim had been the cause of sexual violence due to the fact that non-specialists in health education take some measures appropriateness to identify human psychological malaise and sins against marriage. Husbands and wives engage in fights to the point of death due to lack of knowledge of sexual problems among human beings. The sadists and masochists abound in Nigeria with their violent characteristics. Several husbands and wives are ready psychotic use perfumes and money as human nature garnishment; these perfumes and the money are used efficiently to the extent that the community do not notice them as psychotic until they begin to exhibit their characteristics. Some deaths had been recorded within Nigerian nation.

CONCLUSIONS

Based on the review and the summary, it could be concluded as follows:- (i) father to daughter sexual affairs exist within the community; and this is called incest (ii) mother to son sexual affairs also exist called incest (iii) some men and women are sadists and masochists who wound themselves and cause injury to themselves before they enjoy sexual intercourse (iv) in a case whereby a normal girl meets with a masochist at his extreme violence, death results from their encounter. (v) Issue of masochist and sadism are very rampant in Nigeria environment unaware to non-sex educators. Therefore several sexual violence abide in Nigeria contemporarily. (vi) The law enforcement agents do not significantly discover sexual crime; neighbours are not talking, the victims do not talk either for fear of shame and cultural taboo and/or labelling of victims (vii) sex education is not taught from nursery school for the youths to comprehend the different sorts of sexual crimes, sexual offences, sexual extremes and sexual shames.

RECOMMENDATION

Based on the conclusion drawn, it could be recommended as thus:

1. From nursery school to university, sex education should be the general study like English language, mathematics, biology, chemistry and physics.
2. Parents should monitor their children to checkmate their sexual life.
3. Health educators, health counsellors should be trained to monitor the people's homes with the intent to monitor the sexual affairs of people.
4. Before marriages are consummated, mental health certificates should be screened. Such mental health certificate should be obtained from Government Hospitals to ascertain the mental health status of bride and groom.

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